

Now, thinking about the vigorous physical activities you do (when you are not working) in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

Kentucky BRFSS 2001

Geographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	7413	1157	20.1	(18.7-21.6)	6256	79.9	(78.4-81.3)
ADDs							
Barren River	527	72	15.4	(12.0-19.5)	455	84.6	(80.5-88.0)
Big Sandy	428	44	14.5	(10.6-19.5)	384	85.5	(80.5-89.4)
Bluegrass	521	125	28.5	(23.9-33.7)	396	71.5	(66.3-76.1)
Buffalo Trace	418	55	22.1	(10.8-40.1)	363	77.9	(59.9-89.2)
Cumberland Valley	458	49	11.9	(8.8-16.0)	409	88.1	(84.0-91.2)
FIVCO	561	67	14.3	(11.1-18.2)	494	85.7	(81.8-88.9)
Gateway	574	96	21.8	(15.8-29.3)	478	78.2	(70.7-84.2)
Green River	404	58	21.2	(16.1-27.4)	346	78.8	(72.6-83.9)
Kentucky River	476	53	13.5	(9.9-18.2)	423	86.5	(81.8-90.1)
KIPDA	557	108	19.7	(16.1-23.9)	449	80.3	(76.1-83.9)
Lake Cumberland	478	54	14.8	(11.1-19.4)	424	85.2	(80.6-88.9)
Lincoln Trail	491	99	20.4	(16.7-24.7)	392	79.6	(75.3-83.3)
Northern Kentucky	547	113	22.0	(18.2-26.5)	434	78.0	(73.5-81.8)
Pennyryle	434	72	17.5	(13.9-21.9)	362	82.5	(78.1-86.1)
Purchase	539	92	20.7	(16.8-25.2)	447	79.3	(74.8-83.2)

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, %

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.